

FREE SUICIDE PREVENTION TRAININGS

NOVEMBER 8TH

INTERNET AND SOCIAL MEDIA INFLUENCE ON SUICIDE OVER THE PAST DECADE

Over the past decade the suicide rates have increased dramatically. As there is not one reason a person considers suicide. It is a combination of reasons and influences which are occurring simultaneously. As we have seen several mental health and suicide concerns emerging from the internet, perhaps we can address the negative impact of the internet and enhance to positive aspects of our on-line world. This two-hour training is developed to address some of those influences and perhaps help promote "Connectiveness" in our communities.

8:00 AM – 10:30 AM Please register online at <https://osp-southern-nevada.ticketleap.com/nov-824internet-and-social-media-influence-on-suicide-over-the-/>

SUICIDE PREVENTION 101

Using data specific to Southern Nevada. This training increases one's knowledge and understanding of suicide, to recognize warning signs, to identify risk and protective factors, and to increase willingness and ability to intervene with a person at risk for suicide. It will provide insight for interacting with survivors and identify referral sources.

11:00 AM – 1:30 PM Please register online at <https://osp-southern-nevada.ticketleap.com/nov-824-suicide-prevention-101/>

SAFE MESSAGING ON SUICIDE

Studies and research have concluded that the way we talk about suicide can have long lasting impacts on someone with lived experience with suicide. It is crucial for our communities to use consistent language to frame discussing or reporting on suicide. This will help prevent future suicides and to destigmatize the conversation surrounding.

2:00 PM – 5:00 PM Please register online at <https://osp-southern-nevada.ticketleap.com/nov-824-safe-messaging-on-suicide/>

Panaca Town Center 1005 Main Street #106 (Meadow Valley Rm)



These trainings will be offered online/in person. Questions, please call OSP (702)486-5250.