



SERVING SENIORS IN **ALL RURAL AREAS**  
WITHIN AND OUTSIDE OF CLARK COUNTY

# **FREE NUTRITIOUS MEALS**

**FROZEN | SEMI-FROZEN | SHELF STABLE**

**SHIPPED MONTHLY & DIRECTLY TO YOUR DOORSTEP**

- **MUST BE 60 YEARS OF AGE AND OLDER TO QUALIFY**
- **MUST BE ABLE TO ACCOMMODATE UP TO A 20-MEAL OR 30-MEAL SUPPLY IN A FREEZER OR PANTRY**
- **MUST BE ABLE TO HEAT UP MEALS UTILIZING MICROWAVE OR CONVENTIONAL/TOASTER OVEN**

FOR MORE DETAILS PLEASE CALL:  
Call **Lindsey Espinosa** at **702-633-7264 Ext. 235**  
or email **[lindsey.espinosa@hiovv.org](mailto:lindsey.espinosa@hiovv.org)** to register

