



# More Than Sad:

## A virtual presentation on youth suicide prevention

Health Plan of Nevada and the American Foundation for Suicide Prevention invite you to a special virtual event.

**More Than Sad: A virtual presentation on youth suicide prevention** is no cost and open to the community. The presentation will provide information on how to help prevent teen suicide and where Nevada's parents and caregivers can turn for help. The *More Than Sad* family of programs has taught over a million students, parents and educators how to be smart about mental health.

Parents will learn how to recognize signs of depression and other mental health problems, initiate a conversation with their child, and get him or her help.

This program is appropriate for general audiences and for participants age 18+.

▶ **Wednesday, February 3, 2021**  
4 p.m. to 6 p.m.

**Space is limited. Register using Google Chrome at <https://mtsbho.attendase.com/>**



The American Foundation for Suicide Prevention focuses on eliminating the loss of life from suicide by: delivering innovative prevention programs, educating the public about risk factors and warning signs, raising funds for suicide research and programs, and reaching out to those individuals who have lost someone to suicide.



American Foundation  
for Suicide Prevention



HEALTH PLAN OF NEVADA  
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